Newborn/Preemie Burial Gown

Gown is open all the way down the back - do NOT join - PLEASE line the dress, especially the skirt

Size J hook
Baby or sportweight yarn
Instructions are for small, medium, large (full term) and are indicated as #(#/#) = s(m/l) If only one number appears, it applies to all sizes

Row 1: Bodice - Starting at neckline, CH 32, DC in 4th chain from hook. DC in next 2 DC. Work V [DC, CH 1, DC] in next chain. *DC in next 6 CH, V [DC, CH 1, DC] in next chain. Repeat from * two MORE times. DC in last 4 CH; CH 2, Turn

Row 1 should look like this: xxxVxxxxxVxxxxxVxxxxxVxxxx

Row 2 - 4(5/6): *HDC in each st to CH 1 space - work a V [HDC, CH 1, HDC] in CH 1 space. Repeat from * three more times. HDC in each remaining stitch. CH 2, Turn.

Row 5(6/7): [Forming the sleeves] HDC in each stitch to CH 1 space; yarn over hook, insert hook in 1st and 2nd CH 1 spaces - complete HDC, skipping all stitches in between first and second CH 1 spaces. HDC in each stitch to next CH 1 space; join 3rd and 4th CH 1 spaces in same manner as first two. HDC in remaining stitches to end. CH 4, Turn

Row 6(7/8): Skirt - Work 3 DC in base of CH 4; skip one stitch, SC in next stitch, *CH 3, work 3 DC in SC (at base of CH 3), skip one stitch, SC in next stitch. Repeat from * to end. SC in last stitch; CH 4, Turn. (Note: Occasionally my stitch count gets off and I need to skip two chains at end before working final SC - this is not a problem as the fullness of the skirt will camouflage the difference)

Row 7(8/9): Work 3 DC in SC of previous row. *SC in (next) CH 3 space of previous row, CH 3, 3 DC in same CH 3 space. Repeat from * across row, ending with a SC in last CH 3 space of previous row. CH 4, Turn. NOTE: If this is confusing to you, it may help to look at the closeups of the skirt in picture left.
Repeat Row 7(8/9) until desired length is reached.

*If desired, for a girl, you could work a small ruffle (CH 3, Slip Stitch in next CH - repeat) beginning at back of arm opening, around the opening, across bottom of front bodice, and around opposite arm opening -- also around the neckline.*

Weave 1/8" (or 1/4") satin ribbon through neckline (DC row) and another ribbon through last HDC row of bodice to tie in the back of the gown to close.

For different looks, I have used other stitches on the skirt -- for a boy, a simple DC is good. I have also extended the length of the skirt and have woven a ribbon through the last row to gather for the look of a 'sleeping gown'.