Knit 3-5 Pound Burial Gown

Materials:

- WW yarn (I used one skein of Simply Soft, creamy yellow)
- Size 9 needles (I used circulars, but straights work, too)
- 8-9 buttons, approx 5/8", sewing needle and thread
- 1/8" wide ribbon in matching or coordinating color

Start at lower front skirt:

Cast on 40 sts.
Knit in garter stitch for 6 rows.
Row 7: K4, purl across to last 4 sts, K4.
Row 8: K1, K2tog, YO, knit across to last 3 sts, YO, K2tog, K1.
Row 9: K4, purl across to last 4 sts, K4.
Row 10: Knit across.
Repeat row 9 & 10 until you get to row 27 (end with a purl row).
Row 28: Repeat row 8.
Row 29: Repeat row 9.

Repeat rows 9-29 one more time.
Repeat rows 9 & 10 10 times (until you have 3 buttonholes and 34 ridges).

Bodice - row 1: K4, K2tog 16 times, K4 (24 sts).
Bodice - row 2: K4, *K strand between sts, K1, repeat from * across, end K3 (40 sts)

Arms/shoulders/neck (front and back):

Row 1: Cast on 15 sts at beginning of row, knit across (55 sts).
Row 2: Cast on 15 sts at beginning of row, knit across (70 sts).
Row 3: K1, K2tog, YO, knit to last 3 sts, YO, K2tog, K1.
Knit in garter stitch until you have 12 ridges, end on wrong side.
Neck -1: Knit 24, loosely bind off 22 sts, knit 24.
Knit in garter stitch until total shoulder piece of extra stitches has 24 ridges, end wrong side.
Next row: Bind off 15 sts, knit across (55 sts).
Next row: Bind off 15 sts, knit across (40 sts).

Back:

Repeat bodice rows 1 & 2 from front.
Row 3: Knit across.
Row 4: Knit 4, purl across to last 4 sts, Knit 4.
Repeat rows 3 and 4 until back skirt has 31 ridges, end with row 3.
Knit 6 rows in garter stitch, bind off.

Finishing:

Weave in ends. Sew buttons on back skirt even with buttonholes. Sew one button on back of each sleeve, even with buttonhole. Cut two strands of ribbon, about 2 feet long, and weave through holes in bodice, tie at sides under arms. If desired, you can add a bow with long streamers, or a short bow and button at center front neckline.

(note: if you use size 10.5 needles and heavier weight worsted yarn, you can have a newborn size; then you will need 8-9 7/8” buttons)