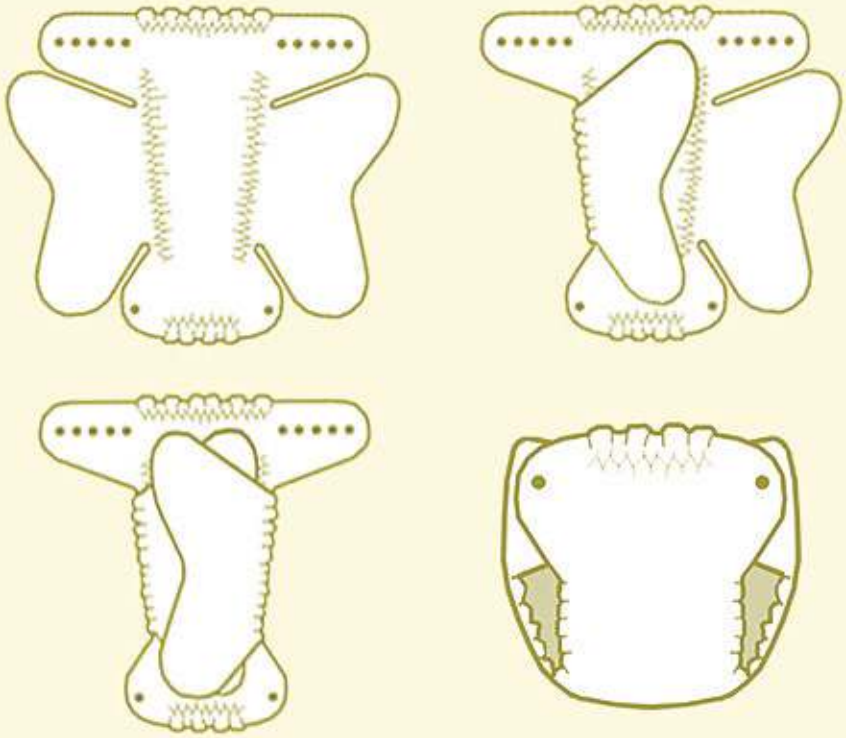
nykibaby

Butterfly

Fitted Diaper Sewing Pattern



Fast and easy to sew · No separate soaker needed · Quick drying
Choose one or two rows of snaps.

Pattern includes preemie, newborn, small, medium and large sizes.

*Serger required

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Materials

- Absorbent fabric, such as: cotton, bamboo, or hemp.
  *Both knits and wovens will work, but knits will fit a wider size range.
- 1/4" or 3/8" poly braid or clear swimwear elastic.

*When choosing fabric layers, consider that the layers will be tripled when the diaper is in use.

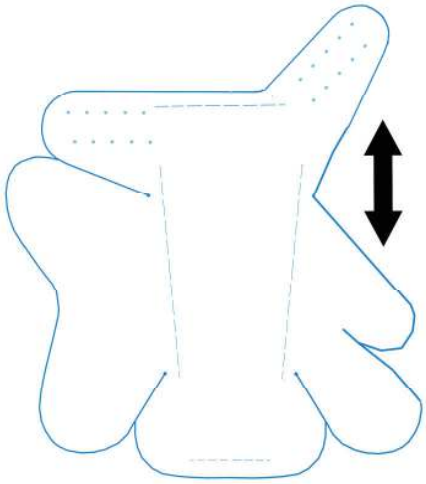
Instructions

1. Cut out desired number of layers. Make sure the stretch of the fabric is going the width of the diaper. Cut to each dot where the soaker flap meets the diaper body.
2. Mark all elastic points and snap placements. There are markings for one or two rows of snaps.
3. Apply wing socket snaps through all but the innermost layer. (You can do this step last for exposed snaps.)
4. Stack layers, as you prefer for the finished diaper. Pin in place.
5. Using the blind elastic method, apply elastic as directed on the pattern.

Blind Elastic method

- Begin with a long length of elastic. Do not cut until elastic is sewn in.
- Place elastic between diaper layers
- Tack down elastic at first elastic point.
- Set your machine to a long, wide 3-step zig-zag stitch.
- Sew over the elastic, through all layers of fabric. Pull the elastic tight, stretching it as you sew over it.
- Stretch only the elastic, not the fabric.
- You can feel the elastic through the fabric. Keep checking to make sure your zig-zag stitch is catching the elastic.
- Sections that have already had elastic applied should look gathered.
- Once you reach the second elastic point, backstitch to reinforce.
- Trim elastic, leaving a 1/2" tail.

6. Trimming off 1/4" all around, serge around entire diaper. To serge the tight inside corners: Pull the fabric to straighten out the curve, and continue serging.



7. Apply front stud snaps. (And wing snaps, for exposed snaps.)

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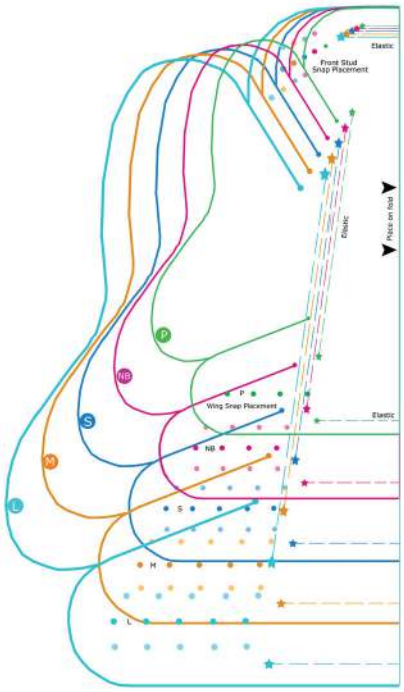
Elastic
Front Stud
Snap Placement
Elastic
Place on foot
P
NB
S
M
L
P
Wing Snap Placement
Elastic
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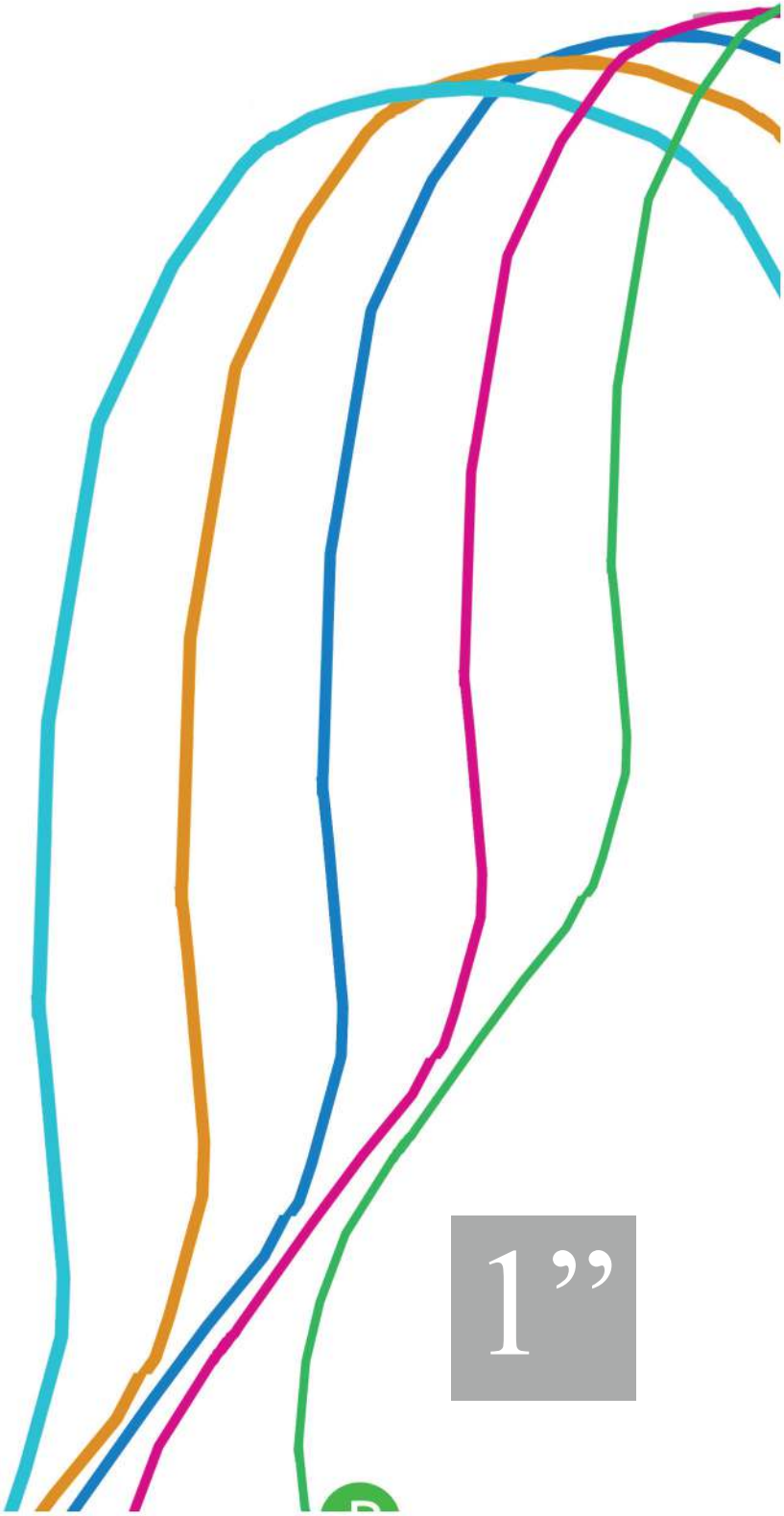
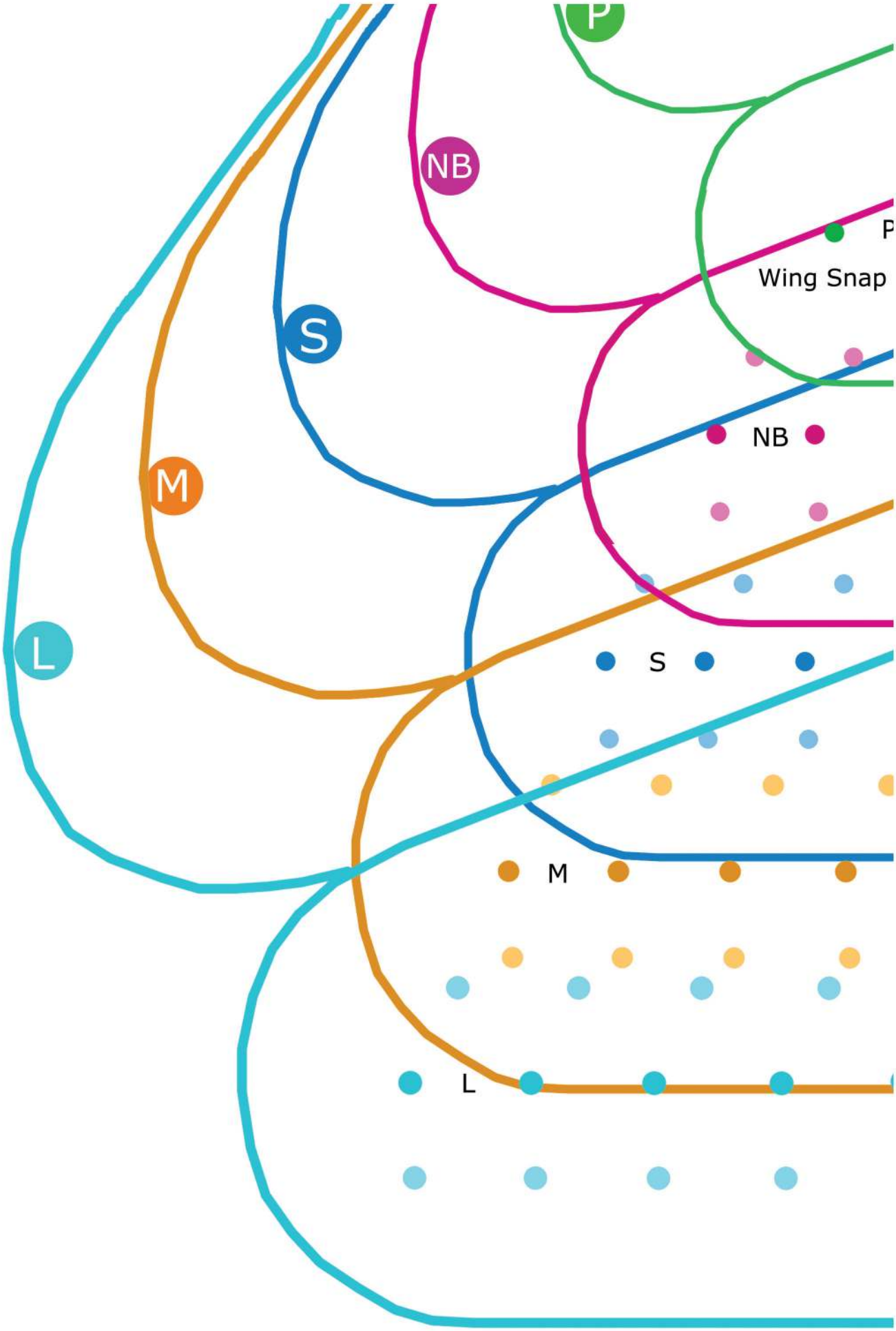

1”

Elastic
Front Stud
Snap Placement
Elastic
Place on fold


P
NB
S
M
L
P
Wing Snap
NB
S
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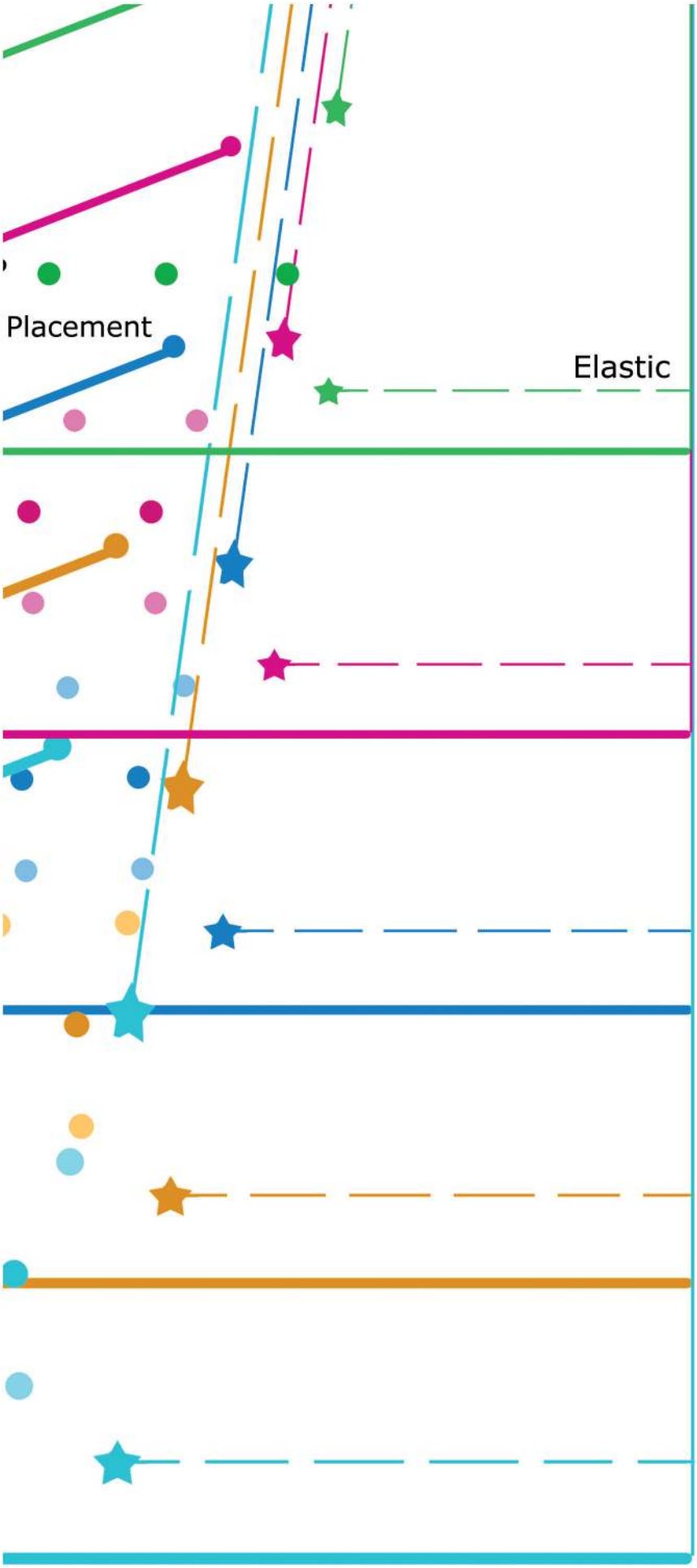
Placement
Elastic